



**“Ad Reel”  
presented by  
Exning . Net**

[www.exning.net](http://www.exning.net)

for what’s going on in and around Exning



# **VILLAGE COFFEE MORNING**



**ST MARTINS CHURCH  
SATURDAY 9<sup>th</sup> SEPTEMBER  
10-12 noon**



**No charge but donations welcome**





**18 September 2023**

**2 TO 4 PM**

**Exning Community  
Church Hall**

**TFTF Is an open group for anyone wishing to come along alone or bring friends.**

**Most meetings will not have any structure leaving you to mix and mingle as you wish.**

**You may even like to bring a hobby with you and share your interest with others.**

**The meetings are free with Tea, Coffee and biscuits being served.**





**NEW**

# The Sound of Tranquility

**NEW**

## Wellbeing Sound Bath for Women

Give yourself the gift of relaxation and  
give your thinking mind a well deserved  
rest.

Experience 1 hour of pure bliss in a safe  
women circle.

Bring your Yoga mat, pillow, blanket and  
plenty of water.

### Dates

**September 20th** 10.30–

11.30

**October 4th** 10.30–11.30

**October 18th** 10.30–11.30

**November 1st** 10.30–11.30

**November 15th** 10.30–11.30

**November 29th** 1.30–11.30

To book contact Gabi: 07521317379

[journeythroughealing@yahoo.com](mailto:journeythroughealing@yahoo.com)





# Singing for Fun

If you enjoy singing (whether you think you can sing or not)

Come to an informal "Sing-a-long" accompanied on acoustic guitars **and flute!**



Wednesday September 20th

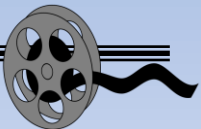
**"A trip round the UK  
ending with  
Last Night of  
the Proms!"**



8pm in Exning Community Church Hall

£2.50 at the door

More info via [www.Exning.Net](http://www.Exning.Net)





# September 24



10am

Songs, Games, Stories.

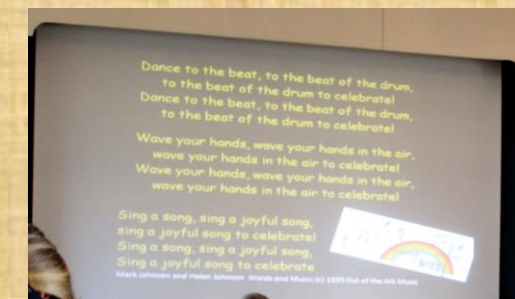
Come and join the fun

Sept 24

Breakfast –

bacon baps, pain au chocolat, yoghurt, fruit, tea,  
filter coffee ...

9.30am@ Exning Community Church Hall



More info via [www.Exning.Net](http://www.Exning.Net)



# TIME FOR TEA AND FRIENDSHIP



## HARVEST SPECIAL

Songs, hymns, readings and poems

October 2, 2023

2 TO 4 PM

Exning Community Church Hall

TFTF Is an open group for anyone wishing to come along alone or bring friends.

Most meetings will not have any structure leaving you to mix and mingle as you wish.

You may even like to bring a hobby with you and share your interest with others.

The meetings are free with Tea, Coffee and biscuits being served.







# **MBC Band**

## **Sunday October 8, 2023**

**Do you play an instrument and would like to play with other people?**

**MBC Band meets at Cheveley Parish Hall  
from 10am to Noon**



**We are open to all instrumentalists of grade 1+ standard who can sight-read easy music. This is a low-pressure, friendly group that will help you to improve your playing in an ensemble environment, with repertoire ranging from classical to pop. Rehearsals are every fortnight in term time, and each year there will be one or two concerts to show off your progress.**

Visit our website  
[www.musicbuildscommunities.org](http://www.musicbuildscommunities.org)

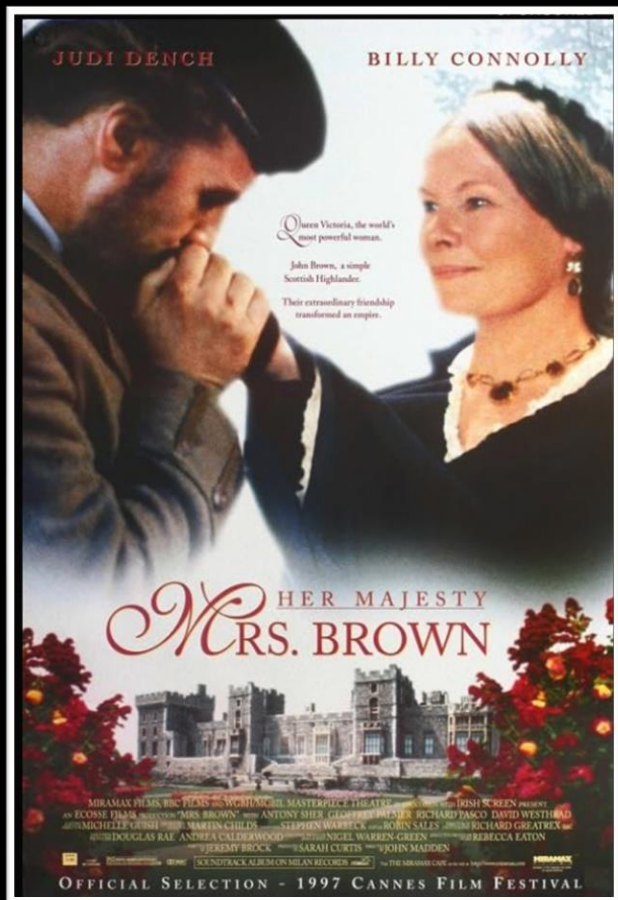






# COMING ATTRACTIONS

Friday October 13, 2023



## MRS BROWN



Following the death of Prince Albert, Queen Victoria withdraws from public life, and a former servant of the prince, John Brown, is appointed to help her recover from grief. Brown's unorthodox ways and disdain for protocol draw the queen out of her shell, and the brash Scot becomes her sole confidant. However, scandalous rumours begin to circulate.

Starring Judy Dench  
Billy Connolly Geoffrey Palmer

Exning Community Church Hall

Doors open 7pm

Showing 7.30 pm

Tickets at the door: Adult £5

Children over 15 £4

Family ticket (2 adults/2 children) £14





# COMING ATTRACTIONS

Friday November 10, 2023

## THE AFTERMATH



In 1946 Rachael Morgan arrives in Hamburg to be reunited with her husband a British colonel charged with rebuilding the city. On arrival she is stunned to discover that they will be sharing a house with its previous owners, a German widower and his troubled daughter. In this charged atmosphere, enmity and grief give way to passion and betrayal.

Exning Community Church Hall

Doors open 7pm

Showing 7.30 pm

Tickets at the door: Adult £5

Children over 15 £4

Family ticket (2 adults/2 children) £14



Starring: Keira Nightley  
Alexander Skarsgard

Please note:

# THE AFTERMATH

Is rated by the British Board of Film Censors as



At Village Cinema we always make BBFC ratings available on all advertising.

The reasons for the rating:

violence,

language,

sexual content,

discrimination,

can be seen by clicking on the Rating button on the Village Cinema Website

exningvillagecinema.website







Please note the  
Hall Manager has  
requested we now  
stack chairs all the  
same direction!





Vist our new website  
<http://www.exningvillagecinema.website/>

**Exning Village Cinema** **VILLAGE CINEMA**

Village Cinema – Next Month

Village Cinema is a venture in Exning where excellent films are shown.  
A future presentation is:

**Friday November 12, 2021** ← **Date**

**Title** → **1917**

**Description** → April 1917, the Western Front. Two British soldiers are sent to deliver an urgent message to an isolated regiment. If the message is not received in time the regiment will walk into a trap and be massacred. To get to the regiment they will need to cross through enemy territory. Time is of the essence and the journey will be fraught with danger

**BFFC rating with link to why it has that rating** → **15**

**Starring** → Starring: Mark Strong, Benedict Cumberbatch, Daniel Mays, Colin Firth, Claire Duburcq, George MacKay, Andrew Scott, Richard Madden, Dean-Charles Chapman, , Jamie Parker

[Full cast](#)

**Poster with link to the IMDB website** →

**Click for trailer** →

**Times and tickets** →

Doors open: 7pm      Showing: 7.30 pm

tickets at the door: £4 adult   £3 children under 15 years  
family ticket £12 (2 adults 2 children)

**Link to info about future film(s)** → [Future Showings](#)

<a href="#">Future month</a>	03 December 2021	<b>THE MAN WHO INVENTED CHRISTMAS</b>
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You can find out more about all these events at

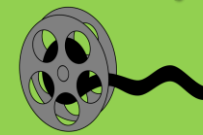
“Exning.Net” ([www.exning.net](http://www.exning.net))

which is available to promote your event for free!

And for you to find out what is going on in the area

with links to all other local activities

And pictures of recent events.....and Exning's history

[illegible]



You can browse through the slides in this “Ad Reel”  
(so no need to take notes this evening!)





**Please  
Turn off Your  
Mobile Phones**

